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## **ALLERGY TESTING**

Your physician has recommended you undergo allergy testing. Environmental allergy testing and treatment is an elective procedure which costs between \$300.00-\$1000.00 (food testing is additional). Please read through these instructions as soon as you receive them and call the allergy clinic with any questions.

### **What to wear**

Wear a sleeveless or short sleeve shirt that easily rolls up to the shoulders if possible. Comfort is key, as you will be here an average of 2 hours. *No perfumes or scented body products are to be worn to the allergy clinic.*

### **Testing a minor**

If the patient is younger than 18 years of age they must be accompanied by a parent or legal guardian for the entire length of testing. The parent or legal guardian must also accompany the minor patient for their allergy injections.

### **Diet**

There are no diet restrictions prior to testing. A meal eaten before you arrive will prevent you from becoming too hungry before testing is completed.

### **Medications**

Review the next two pages of medication restrictions *as soon as possible*. Certain drugs can interfere with test results and must be discontinued before your appointment. The specific dates for discontinuance are on the lists that follow. Call the allergy department if you have a prescription medication that conflicts with the recommendations. Your pharmacist can answer specific questions if you are uncertain about which category your particular medications are in.

### **Billing procedure**

*Before you have allergy testing **YOU** need to call and verify your insurance eligibility and benefits, however this is not a guarantee of payment. We will bill your insurance for allergy testing, weekly allergy injections and/or drops. You will be responsible for the portion that your insurance does not cover. If your insurance company requires referrals/authorizations for testing and/or subsequent injections, **IT IS YOUR RESPONSIBILITY TO OBTAIN AND KEEP CURRENT THOSE REFERRALS. WE WILL NOT BE HELD RESPONSIBLE FOR MISSED OR LAPSING AUTHORIZATIONS.***

If you are discontinuing your treatment you must notify this office in writing or we will continue to mix serums as needed.

### **Summary**

*The appointment you have for allergy testing is a major appointment. It may take 2-3 hours to test you. We have a waiting list of about 3-4 weeks for patients who want to be tested. If you are an adult being tested for allergies, please do not bring children with you at the time of scheduled appointment.*

**SIGNATURE/DATE:** \_\_\_\_\_